Thank you for the opportunity to be a part of your business. Our goal at Life-Like Laboratory is to work with the Prosthetist to fabricate custom made silicone prostheses for their patients and help restore self-esteem, confidence and comfort.

Enclosed is our Prosthetist packet which includes:

- The Four Cornerstones in the “Life-Like Process”
- Life-Like Laboratory Impression Techniques
- Product Description and Procedures
- Patient Information Work Order

This packet is intended to help a Prosthetist complete the necessary steps in order for Life-Like Laboratory to fabricate a quality custom made silicone prosthesis which is identical to your patient’s sound side.

If you have any questions as to our procedures, please call our director of operations Crystal Fancher at 972-620-0203.

Again, thank you for the opportunity. We look forward to helping your patients through our relationship.

Regards,

Life-Like Laboratory

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THE FOUR CORNERSTONES IN THE “LIFE-LIKE PROCESS”

There are four cornerstones in the “Life-Like Process”. They are procedures necessary for the Prosthetist to aid Life-Like Laboratory in the delivery of quality prosthesis in a timely manner. Any deviations or omissions can seriously jeopardize the time line and accuracy of your order.

1. Accurate and well positioned impressions are the first cornerstone in the “Life-Like Process”. These impressions are an important tangible reference for our technicians. Therefore, following our supplied “directions for impression taking” is crucial. We suggest practicing these techniques several times to completely understand the material used and the process. Quality impressions help to ensure a proper fit and a natural appearance. Please inspect your impressions prior to shipping them to us. The prosthesis can only be as “Life-Like” as the impression.

2. Achieving an accurate color match is the second cornerstone of the “Life-Like Process”. The patient’s skin must be observed under good lighting and in a state of medium profusion. Observing the skin when it is too pale or too flushed can lead to an inaccurate color match. Compare the patient’s skin to the numbered color samples on the Life-Like Laboratory Background Sheet. Choose and record the matching color number on the Patient Information Work Order form.

When ordering a cosmesis for the upper extremities, we will need color matches for the finger tips, between the DIP and the PIP joints and the palmer area. Color matches for the dorsum and the ventral aspects of the arm/hand are also appreciated. Compare the patient’s skin to the numbered color samples on the Life-Like Laboratory Background Sheet. Choose and record the matching color number on the Patient Information Work Order form.

When ordering a cosmesis for the lower extremities, choose a color that represents the lightest possible shade. (See LLL Background Sheet for details on color matching and photos.)

3. The third cornerstone in the “Life-Like Process” is the Prosthetist supplying Like-Like Laboratory with quality photographs taken on the Life-Like Color Background Sheet. Quality photographs provide us with not only a color reference for fabrication and painting, but they also serve as a visual for our sculptors. The patient’s uninjured limb should be photographed on the Life-Like Laboratory Background Sheet. Please note fingernails and toenails should be unpainted when photographed. Additional photos of both limbs are always helpful. A wide variety of angles and distances provide the technicians with even more reference by which to fabricate the cosmesis. Please inspect the photographs with the patient. Instruct the patient to choose their favorite in regards to color and detail. Mark the photos accordingly and send them to Life-Like Laboratory with your Patient Information Work Order. Please make sure the patients name is on the back of each photo. (See LLL Background Sheet for details on photos and color matching.)

Remember, we are creating an identical Life-Like prosthesis for your patient. The more detailed and quality the photos, the higher quality and accuracy of the prosthesis.

4. The fourth and final cornerstone of the “Life-Like Process” is the Prosthetist and patient thoroughly reading and completing the Patient Information Work Order. Any and all pertinent information should be included on this form. (i.e. shoe size, sound side measurements, type of nail desired and any special needs of the patient.) This form needs to be filled out completely and sent in with all orders.

By completing the Four Cornerstones in the Life-Like Process, the Prosthetist is helping Life-Like Laboratory create a solid base upon with to design and fabricate a quality custom silicone prosthesis. Your attention to the quality and accuracy of the impressions, color matching, photography and documentation is vital to the fabrication process. Your business and your cooperation are greatly appreciated.
LIFE-LIKE LABORATORY IMPRESSION TECHNIQUES

Quality, well-positioned impressions are a must. The techniques and materials described below will help you to achieve the necessary quality and detail required for the “Life-Like Process”.

Materials

1. **Alginate:** Quality alginate mixed thoroughly to the consistency of thick lumpy yogurt. A thinner mix creates air bubbles and a generally weak impression.

2. **Yellow Dental Stone:** Yellow dental stone mixed thoroughly to the consistency of pancake batter. A “watery” mix creates a generally weak stone copy. A thicker mix increases the chances of the material not reaching the bottom of the alginate impression. Once poured into the container (mold) take time to gently tap or vibrate the entire container to reduce air bubbles. Allow it to dry to “fingernail hardness” (when you scrape the top of the stone and it doesn’t leave a scar). This generally takes 30 minutes. Next, slowly cut away the alginate in small amounts. Do not try to pull the impression out of the alginate all at one time. This will cause the mold to break. Allow the stone to dry 24 hours before shipping to Life-Like Laboratory.

   NOTE: Please do not use white stone or plaster. It does not get hard enough. It generally breaks in the mail or the press during fabrication. Nor can it be used again. This will cause untimely delays in the “Life-Like Process”.

3. **Container:** You will need a container large enough to accommodate taking an impression 4” past the intended margin of the prosthesis. This step is crucial for achieving fixation in the mold fabrication portion of the “Life-Like Process”. For lower extremities, we often use cardboard boxes with trash bag liners. The cardboard should be rigid enough so as not to lose its shape once the alginate has been poured. If the box expands, secure or re-enforce with electrical tape across the top and around the sides to bind it back into shape. The trash bag liner works well for material conservation and quick disposal. When taking a foot impression an additional piece of rigid material (linoleum tile cut to fit works best) is required to be placed between the foot and the liner at the bottom of the container. This tile provides a uniform flat surface necessary for accurate foot impressions. For upper extremities, we find that a 6” pvc pipe with a cap on the end works best. You can cut the pipe from 12”-18” long. This allows for a natural hand impression 4” past the margin.

Positioning

1. **Hand/fingers:** Hand/fingers should be in a natural, slightly curved position with space between the fingers. The thumb should be in a relaxed position away from the palm and index finger. It is best to take these impressions with the patients hands at their side, in the position described above, with the wrist as straight as possible. The “Life-Like Process” can not be achieved using impressions with hyper extended or curled digits, bent wrist, or impressions that are not 4” beyond the desired margin.

2. **Impressions of the feet must be weight bearing:** Prepare your container, liner and piece of rigid material. Pour just enough to cover the rigid base. Instruct the patient to step into the container, putting normal standing weight on the foot. Fill the container to 4” above the desired margin.

You are a part of the “Life-Like Process”. The prosthesis can only be as accurate as your impression.
Life-Like Laboratory prides itself in being able to offer an extremely wide variety of quality custom silicone prosthetics. All of our pieces are fabricated with re-enforcement around the stump for strength and longevity. We fabricate fingers and toes of all shapes and sizes. We craft custom hands, arms, feet and legs that cover any socket or prefabricated mechanisms. We also offer facial prosthetics. All of our prosthetics are hand sculpted in wax, fabricated with re-enforced silicone and then custom painted to match the patient. The prostheses are held in place through suction or medical adhesive depending on the individual need of the patient. Detailing includes: knuckles, veins, hair, freckles, scars and age spots.

**Fingers** can be whole or half-lengths depending on the amputation. They are sculpted as mirror images of the sound side impression. For shorter stumps the patient may supply a solid loose fitting ring without stones. The ring will be attached to the prosthesis and worn on the next finger. The prosthesis and especially the thin margin are reinforced for longevity.

**Partial Hands** are fabricated for amputations that remove at least one finger and a portion of the palm. This prosthesis will be worn as a glove with the margin approximately 2” past the ulna. Any existing fingers will extend through holes in the glove.

**Passive Hands with skinned sockets** are created for both below elbow and above elbow amputations. Life-Like Laboratory must be supplied with an accurate quality socket. The socket must have a solid palmer extension that extends to approximately 1” below the palmer digital crease of the middle finger. The circumference of the socket should be approximately 2mm smaller than the sound side to allow for the Life-Like skin. Like-Like Laboratory will fabricate a silicone hand with pose able fingers. The margin will extend to the end of the socket. The prosthesis will be painted to match the patient’s sound side.

The Prosthetist should also include a tracing of the sound side. Measurements of the forearm, wrist and the distance between the inside elbow to the fingertips should be noted.

**Custom Myoelectric Coverings** are also available. Life-Like Laboratory must be supplied with an entire myoelectric mechanism, including the socket. The circumference of the socket should be approximately 2mm smaller than the sound side to allow for the Life-Like skin. The tension of the blades should be adjusted to allow for the 3mm of silicone on each of the fingertips. This adjustment adds significantly to the life of the prosthesis. If the myo is allowed to close completely, the glove is subject to unnecessary stress and material displacement.

**Toes** are made for either suction or adhesive application depending on the amputation. Complete amputations are addressed with a margin that extends onto the top and bottom of the foot. These “flaps” allow for the adhesive retention of the prosthesis. Shoes, socks and/or nylons also help to keep the toe prosthesis in its place.
Product Description & Procedures continued

The Foot replaces amputations above the metatarsus. Depending on the degree of amputation, this prosthesis is fabricated with a margin that extends to just below or just above the ankle. This one-piece prosthesis, together with the re-enforcement, surrounds the entire stump intimately and replaces the missing parts. The close fit unites the stump and the prosthesis as one unit. The silicone allows for flexible keel and dynamic response. Life-Like Laboratory must be supplied with an outline drawing of both feet; the patients shoe size and an actual shoe for try on. The foot prosthesis is fabricated approximately ½ shoe size smaller than the sound side.

Below Knee and Above Knee feet and socket skins can also be fabricated. The Prosthetist should select the smallest possible foot paddle. Any factory made foot can be covered. Life-Like Laboratory must receive the entire prosthesis if a silicone skin is required. The socket must be fabricated with the circumference 2mm smaller than the sound side. The Prosthetist should also note the patients shoe size including a tracing and an actual shoe for try on.

Lower leg build-ups are sculpted to replace amputated or loss mass. Impressions of both the injured limbs are required. They must extend 6” beyond the desired margin of the prosthesis.

Process

1. Upon receiving your order package; quality impression, color matches, photos and Patient Information Work Order (filled out completely) our sculptors create a wax model of the desired prosthesis. Time varies depending on the size of the order.

2. We send you the wax model. The patient and the Prosthetist inspect the model for size, shape and characteristics. The model cannot be tried on and does not represent the final color of the prosthesis at this time. Any changes can be indicated on the “Patients wax approval” form. Please have the patient sign the wax check form and return it to Life-Like Laboratory, along with the wax.

3. Upon the return of the wax model, the technicians mold the wax model and fabricate the silicone prosthesis.

4. The prosthesis is painted either in the presence of the patient or by the quality photos approved by the patient and sent in by the Prosthetist.

5. Once the prosthesis has sufficiently dried, it is shipped to the Prosthetist for try on and color approval. Once the prosthesis has been fabricated in silicone, no changes can be made to the size, shape or characteristics. It is crucial that both the patient and the Prosthetist scrutinize the wax model and note any changes prior to molding.

Time

Provided that Life-Like Laboratory receives quality stone impressions, accurate color match, professional quality photos on the Life-Like Color Background sheet and a completely filled out Patient Information Work Order form, a hand sculpted custom made wax model can be delivered in 5 to 10 business days.

After receiving the approved wax model, signed off by the patient and the Prosthetist, Life-Like laboratory will fabricate, paint and ship the completed custom made prosthesis within 10-15 working days.
**Patient Information Work Order**

<table>
<thead>
<tr>
<th>Company Name:</th>
<th>Patient Name:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Practitioner:</td>
<td>Age: Male (circle one) Female</td>
</tr>
<tr>
<td>Shipping Address:</td>
<td>Type of Prosthesis:</td>
</tr>
<tr>
<td>Phone Number(s):</td>
<td></td>
</tr>
<tr>
<td>Special Requirements/Comments:</td>
<td></td>
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<table>
<thead>
<tr>
<th><strong>Hand Colors</strong></th>
<th><strong>Hand Measurements</strong></th>
<th><strong>Foot Colors</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Fingernail (darkest)</td>
<td>1. Between PIP &amp; DIP __________ mm (diameter)</td>
<td>A. Toe tip __________ (darkest)</td>
</tr>
<tr>
<td>B. Between PIP &amp; DIP ______ (lightest)</td>
<td>2. Across PIP index ______ mm (diameter)</td>
<td>B. Toenail ______ (darkest)</td>
</tr>
<tr>
<td>C. MCP joint ______ (darkest)</td>
<td>3. Across MCP ______ mm</td>
<td>C. M T P ______ (darkest)</td>
</tr>
<tr>
<td>D. Dorsal ______ (average)</td>
<td>4. Palm crease to middle fingertip ______ mm</td>
<td>D. Dorsal ______ (average)</td>
</tr>
<tr>
<td>E. Above Wrist ______ (average)</td>
<td><strong>Foot Measurements</strong></td>
<td>E. Heel ______ (darkest)</td>
</tr>
<tr>
<td>F. Fingertip</td>
<td>1. Length ______ mm</td>
<td>F. Bottom ______ (average)</td>
</tr>
<tr>
<td>G. Between PIP &amp; MCP</td>
<td>2. Width ______ mm</td>
<td><strong>Prosthetist Check List for Life-Like Laboratory</strong></td>
</tr>
<tr>
<td>H. Above the wrist ______ (darkest)</td>
<td>3. Shoe size ______</td>
<td><strong>Please completely fill out all the above &amp; thank you for your business.</strong></td>
</tr>
</tbody>
</table>

- **Stone Impression Sound Limb:** compare & measure against actual limb, please note in Special comments section.
- **Stone Impression Injured Limb:** measure as above; note sore spots, bone spurs, breakdowns, etc. and mark on stone impression.
- **Wrist Measurements Above and Below Ulna:** Above: ______ Below: ______
- **Outline Drawing of Injured Foot & Non Injured Foot:** (required for any type of foot prosthesis)
- **Ankle measurement:** ______ mm (required for Symes amputation and all BK and AK devices)
- **Type of fingernail/Toenail requested:** Custom made Acrylic __________ Silicone __________
- **Compare and record color match off Life-Like Color Background:** record on Patient Information Work Order
- **Quality Photographs:** taken on Life-Like Color Background and approved by patient.